

LSN Kaderzeiten Saison 2021-2022

Die Kadernormen für die Kaderzugehörigkeit sind im Zeitraum vom **01.01.2020 – 21.07.2021** auf der **25m oder 50m Bahn** zu erreichen und müssen in der DSV Bestenliste (www.schwimmen.dsv.de) aufgeführt sein. Der Verbleib im Kader beschränkt sich auf den Zeitraum vom **01.09.2021 – 24.07.2022**.



LANGBAHN				50 F	100F	200F	400F	800F	1500 F	50 B	100B	200B	50 R	100R	200R	50 S	100S	200S	200L	400L				
Frauen	Jg.	Rudolph-Punkte		50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m			
L	AK19/Offen	02 u.ä.	16		00:56,65	02:02,88	04:18,69	08:51,48	16:59,70					01:10,97	02:33,47			01:03,35	02:15,86		01:01,08	02:16,22	02:18,74	04:54,68
J	AK 17/18	03/04	15		00:58,00	02:04,83	04:24,07	09:02,35	17:22,91					01:12,52	02:36,75			01:04,69	02:19,09		01:02,60	02:18,78	02:20,98	04:59,58
D4	AK16	2005	14		00:59,04	02:07,36	04:28,28	09:12,18	17:41,22					01:14,05	02:39,61			01:06,40	02:22,21		01:03,95	02:21,04	02:24,23	05:04,85
D4	AK15	2006	13		01:00,04	02:10,10	04:34,38	09:26,20	18:06,07					01:15,79	02:43,94			01:07,81	02:25,04		01:05,37	02:24,35	02:27,03	05:12,72
D3	AK14	2007	12		01:01,81	02:13,84	04:42,96	09:41,22	18:56,33					01:18,25	02:49,47			01:09,56	02:30,07		01:07,15	02:29,53	02:31,52	05:22,49
D3	AK13	2008	11		01:04,42	02:19,37	04:53,99	10:08,20	19:46,90					01:20,92	02:54,34			01:12,20	02:36,01		01:10,10	02:36,13	02:37,45	05:34,01
D2	AK12	2009	10	00:31,16	01:07,78	02:28,06	05:09,96	10:47,47	21:04,12	00:39,23	01:25,50	03:03,92	00:35,35	01:15,53	02:43,37	00:33,32	01:14,70	02:46,42	02:45,12	05:53,83				
D2	AK11	2010	10	00:32,33	01:11,04	02:34,08	05:27,85	11:17,06	22:16,16	00:41,27	01:29,20	03:14,08	00:36,79	01:19,82	02:52,20	00:34,45	01:18,66	02:57,97	02:53,96	06:12,89				
D1	AK10	2011	10	00:34,29	01:16,24	02:46,01	05:50,36			00:43,55	01:35,33	03:25,73	00:39,95	01:27,01	03:07,85	00:37,21	01:24,54			03:07,82				

KURZBAHN				50 F	100F	200F	400F	800F	1500 F	50 B	100B	200B	50 R	100R	200R	50 S	100S	200S	200L	400L			
Frauen	Jg.	Rudolph-Punkte		25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m
L	AK19/Offen	02 u.ä.	16		00:54,95	01:59,19	04:10,93	08:35,54	16:29,11					01:08,84	02:28,87			00:59,25	02:12,13	02:14,58	04:45,84		
J	AK 17/18	03/04	15		00:56,26	02:01,09	04:16,15	08:46,08	16:51,62					01:10,34	02:32,05			01:00,72	02:14,62	02:16,75	04:50,59		
D4	AK16	2005	14		00:57,27	02:03,54	04:20,23	08:55,61	17:09,38					01:11,83	02:34,82			01:04,41	02:17,94	01:02,03	02:16,81	02:19,90	04:55,70
D4	AK15	2006	13		00:58,24	02:06,20	04:26,15	09:09,21	17:33,49					01:13,52	02:39,02			01:05,78	02:20,69	01:03,41	02:20,02	02:22,62	05:03,34
D3	AK14	2007	12		00:59,96	02:09,82	04:34,47	09:23,78	18:22,24					01:15,90	02:44,39			01:07,47	02:25,57	01:05,14	02:25,04	02:26,97	05:12,82
D3	AK13	2008	11		01:02,49	02:15,19	04:45,17	09:49,95	19:11,29					01:18,49	02:49,11			01:10,03	02:31,33	01:08,00	02:31,45	02:32,73	05:23,99
D2	AK12	2009	10	00:30,23	01:05,75	02:23,62	05:00,66	10:28,05	20:26,20	00:38,05	01:22,94	02:58,40	00:34,29	01:13,26	02:38,47	00:32,32	01:12,46	02:41,43	02:40,17	05:43,22			
D2	AK11	2010	10	00:31,36	01:08,91	02:29,46	05:18,01	10:56,75	21:36,08	00:40,03	01:26,52	03:08,26	00:35,69	01:17,43	02:47,03	00:33,42	01:16,30	02:52,63	02:48,74	06:01,70			
D1	AK10	2011	10	00:33,26	01:13,95	02:41,03	05:39,85			00:42,24	01:32,47	03:19,56	00:38,75	01:24,40	03:02,21	00:36,09	01:22,00			03:02,19			

LANGBAHN				50 F	100F	200F	400F	800F	1500 F	50 B	100B	200B	50 R	100R	200R	50 S	100S	200S	200L	400L				
Männer	Jg.	Rudolph-Punkte		50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m			
L	AK21/Offen	00 u.ä.	15		00:50,79	01:51,61	03:57,17	08:14,07	15:42,43					01:03,14	02:16,95			00:56,46	02:03,29		00:54,50	02:02,58	02:04,78	04:28,14
J	AK 19/20	01/02	14		00:51,52	01:53,21	04:00,58	08:21,16	15:55,96					01:04,05	02:18,91			00:57,27	02:05,06		00:55,28	02:04,34	02:06,57	04:31,99
D4	AK18	2003	14		00:52,95	01:56,02	04:06,25	08:33,04	16:20,08					01:05,74	02:22,31			00:58,94	02:08,78		00:57,11	02:07,36	02:09,72	04:38,67
D4	AK17	2004	13		00:54,60	01:59,24	04:13,31	08:47,78	16:46,54					01:08,03	02:26,63			01:00,46	02:12,01		00:58,63	02:10,32	02:13,87	04:45,17
D3	AK16	2005	12		00:55,97	02:02,23	04:20,97	09:10,45	17:20,62					01:10,20	02:31,84			01:02,28	02:15,43		00:59,82	02:14,06	02:17,39	04:52,97
D3	AK15	2006	11		00:57,43	02:05,43	04:28,33	09:29,33	17:53,46					01:13,01	02:38,13			01:04,70	02:20,69		01:01,88	02:19,31	02:21,67	05:03,25
D2	AK14	2007	10		00:59,92	02:11,45	04:39,83	09:48,00	18:30,52					01:15,39	02:43,49			01:07,20	02:25,85		01:04,70	02:26,05	02:27,83	05:14,65
D2	AK13	2008	10	00:28,58	01:02,12	02:16,14	04:49,24	10:21,42	19:17,35	00:35,95	01:18,67	02:50,83	00:32,46	01:10,02	02:31,74	00:30,50	01:07,95	02:33,24	02:32,62	05:25,24				
D1	AK12	2009	10	00:30,02	01:05,64	02:24,08	04:58,58	10:48,48	20:14,32	00:38,08	01:23,44	02:59,77	00:34,27	01:14,33	02:39,60	00:32,27	01:12,24	02:43,05	02:40,40	05:42,56				
D1	AK11	2010	10	00:32,02	01:10,08	02:35,27	05:24,80	11:15,24	21:39,95	00:41,01	01:30,83	03:14,88	00:36,58	01:19,83	02:51,82	00:34,37	01:18,31	02:56,67	02:51,70	06:10,50				
D1	AK10	2011	10	00:33,89	01:16,28	02:45,31	05:42,94			00:43,92	01:36,53	03:27,68	00:39,52	01:25,72	03:04,37	00:37,23	01:25,19			03:06,41				

KURZBAHN				50 F	100F	200F	400F	800F	1500 F	50 B	100B	200B	50 R	100R	200R	50 S	100S	200S	200L	400L				
Männer	Jg.	Rudolph-Punkte		25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m	25m		
L	AK21/Offen	00 u.ä.	15		00:49,27	01:48,26	03:50,05	07:59,25	15:14,16					01:01,25	02:12,84			00:54,77	01:59,59		00:52,86	01:58,90	02:01,04	04:20,10
J	AK 19/20	01/02	14		00:49,97	01:49,81	03:53,36	08:06,13	15:27,28					01:02,13	02:14,74			00:55,55	02:01,31		00:53,62	02:00,61	02:02,77	04:23,83
D4	AK18	2003	14		00:51,36	01:52,54	03:58,86	08:17,65	15:50,68					01:03,77	02:18,04			00:57,17	02:04,92		00:55,40	02:03,54	02:05,83	04:30,31
D4	AK17	2004	13		00:52,96	01:55,66	04:05,71	08:31,95	16:16,34					01:05,99	02:22,23			00:58,65	02:08,05		00:56,87	02:06,41	02:09,85	04:36,61
D3	AK16	2005	12		00:54,29	01:58,56	04:13,14	08:53,94	16:49,40					01:08,09	02:27,28			01:00,41	02:11,37		00:58,03	02:10,04	02:13,27	04:44,18
D3	AK15	2006	11		00:55,71	02:01,67	04:20,28	09:12,25	17:21,26					01:10,82	02:33,39			01:02,76	02:16,47		01:00,02	02:15,13	02:17,42	04:54,15
D2	AK14	2007	10		00:58,12	02:07,51	04:31,44	09:30,36	17:57,20					01:13,13	02:38,59			01:05,18	02:21,47		01:02,76	02:21,67	02:23,40	05:05,21
D2	AK13	2008	10	00:27,72	01:00,26	02:12,06	04:40,56	10:02,78	18:42,63	00:34,87	01:16,31	02:45,71	00:31,49	01:07,92	02:27,19	00:29,59	01:05,91	02:28,64	02:28,04	05:15,48				
D1	AK12	2009	10	00:29,12	01:03,67	02:19,76	04:49,62	10:29,03	19:37,89	00:36,94	01:20,94	02:54,38	00:33,24	01:12,10	02:34,81	00:31,30	01:10,07	02:38,16	02:35,59	05:32,28				
D1	AK11	2010	10	00:31,06	01:07,98	02:30,61	05:15,06	10:54,98	21:00,95	00:39,78	01:28,11	03:09,03	00:35,48	01:17,44	02:46,67	00:33,34	01:15,96	02:51,37	02:46,55	05:59,39				
D1	AK10	2011	10	00:32,87	01:13,99	02:40,35	05:32,65			00:42,60	01:33,63	03:21,45	00:38,33	01:23,15	02:58,84	00:36,11	01:22,63			03:00,82				

Anmerkungen / Hinweise:
 Bei den Jahrgängen 2007-2011 ist zur Aufnahme in den Kader zusätzlich zum Erreichen der Kaderzeit auch die Teilnahme am LSN-LVT Voraussetzung.
 Für den Landeskader qualifizieren sich unabhängig von einer erreichten Kaderzeit Medaillengewinner bei einer nationalen Meisterschaft bis 30.11.2021.

Über die endgültige Aufnahme in die Kader im LSN entscheidet der FA Vorsitzende Schwimmen in Abstimmung mit dem Trainerrat.